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சுவசிரிபாய

SUWASIRIPAYA

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சுகாதார அமைச்சு
Ministry of Health

මගේ අංකය)
எனது இல) NDCU/AE/CMG/75/2022
My No.)

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Your No. :)

දිනය)
திகதி) 2022.03.5
Date)

Provincial Directors of Health Services
Regional Directors of Health Services
Directors/ Medical Superintendents/ Medical Officers of In Charge of all Hospitals
Medical Officers of Health

USE OF NSAIDs IN THE MANAGEMENT OF FEBRILE PATIENTS

It is a well-known factor that the use of non-steroidal anti-inflammatory drugs (NSAIDs) for the management of fever and pain in dengue patients may lead to complications, therefore, it is not recommended. Under the current National Guidelines, clear instructions have been given to avoid these drugs in dengue patients.

However, it is brought to my attention that some Medical Officers ignoring the National Guidelines, are prescribing NSAIDs for febrile patients without excluding the possibility of dengue in these patients. With the current prevailing condition of increased reporting of febrile patients amidst COVID-19 and dengue fever outbreaks, Medical Officers should be very cautious and rational when prescribing drugs to avoid unwarranted complications.

Therefore, you are kindly request to inform all Medical Officers in all hospitals under your purview, that they should follow National Guidelines and should not prescribe NSAIDs to any febrile patient, until dengue fever is excluded.

The National Guidelines on Management of Dengue Fever & Dengue Haemorrhagic Fever in Adults, and Children & Adolescents, and Clinical Management of Dengue Infection in Pregnancy can be downloaded from the websites of the Epidemiology Unit [www.epid.gov.lk] and the National Dengue Control Unit [www.dengue.health.gov.lk].

Your prompt attention to this matter is highly appreciated.

Dr. Asela Gunawardena
Director General of Health Services

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cc: Director, National Dengue Control Unit
Chief Epidemiologist
Director, Family Health Bureau
Director, Health Promotion Bureau
Director, Private Health Sector Development [to inform all General Practitioners]
District/ Provincial Consultant Community Physicians
Regional Epidemiologists
Medical Officers of Maternal and Child Health