

WE CAN PREVENT DENGUE

1

Search & Destroy

- Do not allow water to collect in old tyres; remove or keep them under a shelter
- Do not throw away discarded tins, cans, cups, bottles, coconut shells etc. which can collect water
- Cover buckets, barrels, tanks and other water storage containers at all times
- Clean & replace water in flower vases, ant traps, bird baths etc. every other day
- Check roof gutters regularly. Remove stagnant water on concrete slabs and canvas sheets used as covering materials
- Cover tree holes, pipes and other stumps that can hold water, with sand or concrete



Self-protection

2

- Apply repellants to avoid mosquito bites during day time
- Always use mosquito nets especially when children are sleeping
- Wear long clothes to avoid mosquito bites

3

Seek Early Consultation

- If you already have fever for two days, attend the nearest hospital or consult a qualified doctor



Attention During Outbreaks

4

- Inspect and clean your premises daily
- Use chemicals for un-removable stagnant water
- Fogging is recommended during impending or ongoing outbreaks only
- Contact MOH or PHI of your area for further advice



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